

May 17th & 18th

Real-Aid



For Autism

WALK A MILE IF YOU LOVE SOMEONE WITH AUTISM!

A walking relay along the South Shore of Long Island beginning in East Islip and ending in Montauk

What is Real-Aid?

It's a walking relay that begins in East Islip and ends at the Montauk Lighthouse. Our walk goes along the south shore and people are welcome to start walking with us from any stop and continue for whatever distance you choose. The purpose of our walk is to create Autism Awareness along Montauk Highway! Proceeds support programs on Long Island that work with children diagnosed with Autism.

When?

Throughout the weekend of **May 17th & 18th**. You choose your starting point and meet at the designated time. The walk begins in East Islip on May 17th. We stop in Quogue for the night and begin in the morning on May 18th. A detailed list of stops is available on our registration page.

Why do it?

It's a terrific event that is **HIGHLY VISIBLE!** Every time a car drives past, it creates awareness! Real-Aid is 83 miles long (but you only walk a portion of it / you choose how long)! **AND create a team of 20 people and get an IPAD*!**

What Is EJ Autism Foundation?

We are a local grassroots 501c 3 charity that supports programs on Long Island that work with children diagnosed with Autism. We take care of these kids NOW. All donations are tax deductible to the fullest extent of the law. We are eligible for matching funds.

All stops are at the intersection of the road listed and Montauk Highway/Main Street

Town of Islip

- 1) American Legion Hall (Montauk and Bayview) - 5am start
1 mile walking leg to:
- 2) Overlook Dr. - Mile #2
5:20 eta - 3 mile leg walking to:
- 3) Oakdale Train Station Parking Lot
Mile #4 - 6:20am eta -
2.5 mile walking leg to:
- 4) West Sayville Country Club Entrance
Mile #6.5 - 7:10am eta
1.2 mile walking leg to:
- 5) Gillette St. - Mile #7.2
7:30am eta* - 1.5 mile walking leg to:
- 6) Broadway Ave. - Mile #8.9
8:00am eta - 2 mile walking leg to:

Town of Brookhaven

- 7) Atlantic Ave. - Mile #10.9
8:40am eta - 2.25 mile leg to:
- 8) Lake Dr. - Mile #13.1
9:20am eta - 3.25 mile leg to:
- 9) Bellport Train Station - Mile #16.26
10:30am eta - 2 mile leg to:
- 10) Old Stump Rd. - Mile #18.26
11:10 am eta - 2.8 mile leg to:
- 11) William Floyd Parkway
(We will be by the Burger King) - Mile #21.06
12:10pm eta - 2.0 Mile leg to:
- 12) Barnes Ave. - Mile #23.06
12:50pm eta* - 3 mile Leg to:
- 13) Chet Swezey Rd. - Mile #26.06
1:50pm eta - 4.2 Mile Leg to:
- 14) Seatuck Ave. - Mile #30.26
3:10pm eta - 3.5 Mile Leg to:

Town of Southampton

- 15) Jagger Ln. - Mile #33.76
4:05pm eta - 3.4 Mile leg to:
- 16) Sunset Ave. (Westhampton)
Mile #37.165:15pm eta - 3.5 Mile Leg to:
- 17) Josiah Fosters Path - Mile #40.6
6:15pm eta - 2.5 Mile Leg to:
- 18) **East Tianna Rd. (Tianna) - Mile #43.1**
7:00pm eta - Halfway Point, Will resume
from this location next day at 5:00am
- 19) **East Tianna Road - Mile #43.1**
5:00am start - 6 mile leg to:
- 20) Southampton College - Mile #49.1
7:00am eta - 2.2 Mile leg to:
- 21) Southampton Town Hall - Mile #51.3
7:45am eta - 3.0 Mile leg to:
- 22) Halsey Ln. - Mile #54.3
8:40am eta - 2.7 Mile leg to:

- 23) Bridgehampton High School -Mile #57
9:40am eta - 4.2 Mile Leg to:

Town of East Hampton

- 24) Buckskill Road - Mile #61.2
11:00 am eta - 2 mile Leg to:
- 25) Egypt Ln. - Mile #63.2
11:40am eta* - 3 Mile Leg to:
- 26) Atlantic Ave. - Mile #66.2
12:40pm eta - 5 Mile Leg to:
- 27) Lobster Roll - Mile# 71
2:20pm eta - 2 Mile Leg to:
- 28) Overlook Rest Stop - Mile# 73
2:45pm eta - 4.8 Mile Leg to:
- 29) Circle in Center of Town of Montauk
Mile# 77.8 - 4:25pm eta - 6 Mile leg to:
- 30) Montauk Lighthouse and Finish!
Mile # 83.8 - 6:25pm eta

Registration

You may also register online at www.ejautismfoundation.org • Registration Fee: \$30 • Please make checks out to EJ Autism Foundation

Mail to: EJ Autism Foundation, PO Box 464, East Islip, NY 11730 • 631-521-4134

Team Name _____

Name _____ Cell Phone _____ Age _____

Address _____ Email _____

If younger than 18 years old, please have parent or guardian sign waiver.

At what stop are you choosing to begin walk? _____ Are you willing to start at a different stop if requested? _____

Signature with waiver: _____

My signature indicates that I have read the waiver below, understand the terms and agree to them.

Real-Aid Waiver

In consideration of accepting this entry, I, the signatory above, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the EJ Autism Foundation, Massapequa Road Runners Club, Suffolk County, Town of Islip, Suffolk Police Department, East Islip Marina and its tenants, East Islip Fire Department, Long Island Track and Field, Finish Line Road Race Technicians, and their agents, employees and representatives, all volunteers and race sponsors, The Town of Brookhaven, The Town of Southampton/Police Department The Town of East Hampton/Police Department, The Village of East Hampton/Police Department The Village of Sagaponack, The Village of Southampton/Police Department, The Village of Quogue, The Village of Westhampton Beach/Police Department, for any and all damages and injuries suffered by me in this event, whether or not caused in whole or in part by the fault or negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed doctor. I hereby grant permission to any and all of the forgoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose.

* Must support a child or program that works with children on Spectrum. 20 people need not assemble at same stop but may walk at other Real-Aid stops - Please include team name on form.

May 17th & 18th

Real-Aid



For Autism

WALK A MILE IF YOU LOVE SOMEONE WITH AUTISM!

A walking relay along the South Shore of Long Island beginning in East Islip and ending in Montauk

- ◆ **Please note the spots we stop at on real-aid.**
- ◆ **Pick a spot and email this spot to b.ejautismfoundation@gmail.com.**
- ◆ **Please send signed race application and \$30 check to:**
- ◆ **EJAF; PO Box 464; East Islip, NY 11730**