

2019

# Real-Aid



EJ Autism Foundation

Raising Awareness from East Islip to Montauk.

## What is Real-Aid?

It's a walking relay that begins in East Islip and ends at the Montauk Lighthouse. Our walk goes along the south shore and people are welcome to start walking with us from any stop and continue for whatever distance they choose. The purpose of our walk is to create Autism Awareness along Montauk Highway! Proceeds support programs on Long Island that work with children diagnosed with Autism.

## When?

Throughout the weekend of May 18th & 19th. You choose your starting point and meet at the designated time listed below. The walk begins in East Islip on May 18th. We stop in Hampton Bays for the night and begin in the morning on May 19th. A detailed list of stops is also available below.

## Why do it?

It's a terrific event that is **HIGHLY VISIBLE!** Every time a car sees us, it creates awareness! Real-Aid is 84 miles long (but you only walk a portion of it / you choose how long)!

## What Is EJ Autism Foundation?

We are a local grassroots 501c 3 charity that supports programs on Long Island that work with children diagnosed with Autism. We take care of these kids NOW. All donations are tax deductible to the fullest extent of the law. We are eligible for matching funds.

**All stops are at the intersection of the road listed and Montauk Highway/Main Street**

### Town of Islip - May 18th, 2019

- 1) On A Whim (63 W Main St, East Islip) - 5am start - 4 Mile Walking Leg to:
- 2) Oakdale Train Station Parking Lot - 6:20am eta - 3.2 Mile Walking Leg to:
- 3) Sayville Running Company (Sayville) - 7:30am eta - 4 Mile Walking Leg to:

### Town of Brookhaven

- 4) Patricia Blair Esquire (9 Montauk Hwy, Blue Point) - 8:40am eta - 8 Mile Walking Leg to:

- 5) Bellport Train Station - 10:30am eta - 5 Mile Walking Leg to:

- 6) Burger King (William Floyd Parkway) - 12:10pm eta - 5.5 Mile Walking Leg to:
- 7) Camp Paquatuck (Center Moriches) - 1:50pm eta - 4 Mile Walking Leg to:
- 8) Seatuck Ave. (Eastport) - 3:10pm eta - 3.5 Mile Walking Leg to:

### Town of Southampton

- 9) Jagger Ln., Julie's Storybrook Nursery, Inc. (West Hampton) - 4:05pm eta - 2.5 Mile Walking Leg to:

- 10) West Hampton High School (Westhampton) - 5:15pm eta - 7 Mile Walking Leg to:

- 11) Boardy Barn (Hampton Bays) - 6:15pm eta - Finish May 19th

### May 19th, 2019

- 11) Boardy Barn - 5/20 (Hampton Bays) - 5:00am eta - 10 Mile Walking Leg to:

- 12) Golden Pear Cafe (99 Main St, South Hampton) - 7:30am eta - 3.0 Mile Walking Leg to:

- 13) Halsey Ln. (Watermill) - 8:40am eta - 4 Mile Walking Leg to:

- 14) Bridgehampton High School - 9:40am eta - 7 Mile Walking Leg to:

### Town of East Hampton

- 15) Citarella's (East Hampton) - 11:40am eta - 4 Mile Walking Leg to:

- 16) Amagansett Fish Co. (Amagansett) - 12:40pm eta - 6 Mile Walking Leg to:

- 17) Lunch/Lobster Roll (Amagansett) - 2:15pm eta - 5 Mile Walking Leg to:

- 18) Montauk Plaza/Montauk Music Festival - 4:00pm eta - Finish!

## Registration

Register on the spot at your stop!!! • Registration Fee: \$30 • Please make checks out to EJ Autism Foundation  
Mail to: EJ Autism Foundation, PO Box 464, East Islip, NY 11730 • 631-521-4134

Team Name \_\_\_\_\_  
 Name \_\_\_\_\_ Cell Phone \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ Email \_\_\_\_\_

If younger than 18 years old, please have parent or guardian sign waiver.

At what stop are you choosing to begin walk? \_\_\_\_\_ Are you willing to start at a different stop if requested? \_\_\_\_\_

Signature with waiver: \_\_\_\_\_

My signature indicates that I have read the waiver below, understand the terms and agree to them.

## Real-Aid Waiver

In consideration of accepting this entry, I, the signatory above, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the EJ Autism Foundation, Massapequa Road Runners Club, Suffolk County, Town of Islip, Suffolk Police Department, East Islip Marina and its tenants, East Islip Fire Department, Long Island Track and Field, Finish Line Road Race Technicians, and their agents, employees and representatives, all volunteers and race sponsors, The Town of Brookhaven, The Town of Southampton/Police Department The Town of East Hampton/Police Department, The Village of East Hampton/Police Department The Village of Sagaponack, The Village of Southampton/Police Department, The Village of Quogue, The Village of Westhampton Beach/Police Department, for any and all damages and injuries suffered by me in this event, whether or not caused in whole or in part by the fault or negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed doctor. I hereby grant permission to any and all of the foregoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose.

\* Must support a child or program that works with children on Spectrum. 20 people need not assemble at same stop but may walk at other Real-Aid stops - Please include team name on form.